

Camden County Schools-Elementary Breakfast and Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Asian Chicken Bits Rice Steamed Carrots Garden Bar Roll Pineapple Tidbits	Crunchy Beef Taco Lettuce, Tomato, Salsa Cheese , Sour Cream Rice Refried Beans Garden Bar Fruit Cup	Spaghetti w/meat sauce Green Beans Garden Bar Roll Orange Smiles	Chicken Tenders Mashed Potatoes Corn Garden Bar Roll Mixed Fruit	<u>Bag it UP</u> Ham & Cheese Rollup or Turkey & Cheese Rollup Baked Doritos Carrot/Broccoli Dippers Apple
	Pizza Steamed Carrots Romaine side salad Pineapple Tidbits	Macaroni and Cheese Black-eyed Peas Romaine side salad Fruit Cup	Chicken Sliders Green Beans Romaine side salad Orange Smiles	Sloppy Joes Baked Tator Tots Romaine side salad Mixed Fruit	Chef Salad Crackers Fruit Cups
Breakfast	Cereal or Oatmeal or Cinn.Toast Crunch Fruit Juice	Cereal or Sausage Biscuit or Honey Bun Fruit Juice	Cereal or Eggs & Biscuit or Mini Pancakes Fruit Juice	Cereal or Chicken Biscuit or Mini Waffles Fruit Juice	Cereal or Pancakes or Egg & Cheese Slider Fruit Juice

Low fat milk is offered daily with breakfast and lunch.

Menu subject to change due to price and availability.
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	Monday	Tuesday	Wednesday	Thursday	Friday
Week 2	Chili Baked Potato Half Garden Bar Cornbread Fruit Cup	Nachos With Ground Beef Rice Black Bean Salad Garden Bar Romaine side salad Mixed Fruit	Chicken Nuggets Rice w/Gravy Green Beans Garden Bar Mixed Fresh Fruit Roll	Oven Fried Chicken Baked Beans Coleslaw Cornbread Garden Bar Peaches	Bag it UP Hotdogs or Chicken sandwich Carrot Dippers Celery Sticks Banana
	Pizza Corn Romaine side salad Fruit Cup	Chicken Fajita Rollup Black Bean Salad Rice Romaine side salad Mixed Fruit	Twisted Chicken Alfredo Green Beans Romaine side salad Mixed Fresh Fruit Roll	BBQ sandwich Baked Beans Coleslaw Romaine side salad Peaches	Chicken Salad on Bed of Romaine Fresh Veggies Crackers Banana
Breakfast	Cereal or French Toast or Cinn.Toast Crunch Fruit Juice	Cereal or Sausage Biscuit or Honey Bun Fruit Juice	Cereal or Eggs & Biscuit or Mini Pancakes Fruit Juice	Cereal or Chicken Biscuit or Mini Waffles Fruit Juice	Cereal or Honey Bun or Egg & Cheese Slider Fruit Juice

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	Monday	Tuesday	Wednesday	Thursday	Friday
Week 3	Chicken Noodle Soup & Grilled Cheese Corn Garden Bar Orange Smiles	Soft Chicken Taco Lettuce, Tomato, Salsa Cheese, Sour Cream Spanish Rice Refried Beans Garden Bar Peaches	BBQ chicken Rice Black-eyed Peas Stewed Tomatoes Garden Bar Cornbread Mixed Fresh Fruit	Fish Sticks Grits, Cornbread Coleslaw Garden Bar Apple	Bag it UP Corndog or Chicken Sandwich Carrot Dippers Celery Sticks Banana
Sandwich Line	Pizza Corn Romaine side salad Orange Smiles	Chicken Penne Steamed Carrots Romaine side salad Peaches	Popcorn Chicken Black-eyed Peas Cornbread Romaine side salad Mixed Fresh Fruit	Hamburger Tator Tots Romaine side salad Apple	Chicken Fajita Salad Banana
Breakfast	Cereal or Pancakes or Cinn. Toast Crunch Fruit Juice	Cereal or Sausage Biscuit or Honey Bun Fruit Juice	Cereal or Eggs & Biscuit or Mini Pancakes Fruit Juice	Cereal or Chicken Biscuit or Mini waffles Fruit Juice	Cereal or French Toast Sticks or Egg & Cheese Slider Fruit Juice

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