Community Mental Health Resource List

Provided as a courtesy of Innovative Prevention Education, Inc. Resources are an exhaustive offering of local outpatient providers and are listed in no ranking order

1. M.J. Martelli, MD & Associates/Susan Brewer, Ph.D. (Psychiatry & Counseling)
4019 Hwy 40 E-St. Marys, GA 31558
T (912) 673-6145, F (912) 673-7026
Serves: children, adolescents, & adults
Payment: Insurance

2. Robert Holland, MD/Maria Coughenour, LPC/J. Bryce McLaulin, MD/Wendy Steele, DSW, LCSW (General Psychiatry & Counseling)
202 Lakeshore Drive, Suite C-St. Marys, GA 31558
T (912) 882-8515 F (912) 882-5583
Email: mariacoughenour@yahoo.com, www.roberthollandmd.com
Serves: Adult, Adolescent, Geriatric
Payment: Insurance

3. Anania & Associates (Counseling)
Leith Anania, LMFT
102 Marsh Harbor Parkway-Kingsland, GA 31548
T (912) 882-7400
Serves: Children, Adolescents, & Adults
Payment: Insurance

4. Center for Family Growth (Counseling)
Jim Lanier, LCSW
40 Lakes Blvd Suite 203-Kingsland, GA 31548
T (912) 576-7218, F (912) 264-2365
Serves: Adults & Adolescents
Payment: Insurance

5. Balanced Living, LLC (Counseling & Life Coaching)
Sheridan Jackson, LCSW/Virginia Abell, LAMFT
100 Lake Shore Drive #A-St. Marys, GA 31558
T (912) 322-5151, F (912) 268-6003
Serves: Children, Adolescents, & Adults
Payment: Insurance, Sliding Scale Fee

6. Tideline Counseling & Mental Health Associates (General Psychiatry & Counseling)
David J. Faulk, MD; Tamsyn O’Flynn, ARPN; Steven Mansfield, LPC; Peggy O’Cain, LPC
100 Mariners Drive, Suite D-St. Marys, GA 31558
T (912) 510-0669, F (912) 510-0754
Serves: Children, Adolescents, & Adults
Payment: Insurance
7. Coastal Counseling Center, Inc. (Counseling)
Dale Blanton, LPC
104 Lakeshore Drive Suite D-St. Marys, GA 31558
T (912) 729-1120, F (912) 729-1150
Email: www.coastalcounselingcenter.org
Serves: Adolescents & Adults
Payment: Insurance & Sliding Scale Fee

8. Innovative Prevention Education (Prevention & Intervention)
4499 Hwy 40 E. Suite A-St. Marys, GA 31558
T (912) 729-4626, F (912)
Email: ipe2@tds.net
Website: www.innovativepreventionedu.org
Serves: Children, Adolescents, & Adults
Payment: Sliding Scale Fee

9. Cumberland Health (Counseling)
10545 Colerain Road-St. Marys, GA 31558
T (912) 882-3662, F (912) 882-7720
Serves: Children, Adolescents, & Adults
Payment: Insurance

10. Family Matters of Coastal Georgia, Inc. (Counseling & Psychiatry)
Molly McCue, LPC
605 Osborne Street-St. Marys, GA 31558
T (912) 882-6448, F (912) 882-6804
Email: familymatter@tds.net
Website: www.familymattersofcoastalga.org
Serves: Children, Adolescents, & Adults
Payment: Insurance & Sliding Scale Fee

11. Fleet & Family Center/Kings Bay Naval Base (Counseling)
1063 USS Tennessee Ave-Kings Bay, GA 31547
T (912) 573-0997, F (912) 573-2390
Serves: Active Duty/Family Members
Payment: No charge

12. Gateway Behavioral Health, LLC (Counseling & Psychiatry)
701A Charles Gilman Blvd. - Kingsland, GA 31548
T (912) 729-4557, F (912) 729-8821
Website: www.gatewaybhs.org
Serves: Children & Adolescents
Payment: Private Insurance, Medicare, Medicaid, Wellcare, Amerigroup, Sliding Scale & No Insurance (Indigent)
13. **Lighthorse Psychiatry**  
1712 Osborne Rd-St. Marys, GA 31558  
T (912) 882-3800, F (912) 882-3303, On Call (912) 207-4695  
Website: [www.lighthorse.org](http://www.lighthorse.org)  
*Serves: Children, Adolescents, & Adults*  
*Payment: Insurance, Sliding Scale Fee*

14. **Rosemarie Kaiser, LCSW, DCSW/Christina Keyser, LCSW (Counseling)**  
140 Lakes Blvd, Suite 210-Kingsland, GA 31548  
T (912) 729-5501, F (912) 729-3577  
*Serves: Children & Adolescents*  
*Payment: Insurance*

15. **Sallie Galyean, LCSW (Counseling)**  
4499 Hwy 40 E. Suite A-St. Marys, GA 31558  
T (912) 674-1130, F (912) 729-4626  
*Serves: Children, Adolescents, & Adults*  
*Payment: Insurance & Sliding Scale Fee*

16. **Georgia Messmer, LPC (Counseling)**  
140 Lakes Blvd Suites 215 & 219- Kingsland, GA 31548  
T (912) 322-0413, F (912) 729-3577  
Email: Gmessmerlpc@yahoo.com  
*Payment: Insurance*

17. **College of Coastal Georgia (Counseling)**  
Cheryl Van Dyke, M.S., LPC, NCC  
8001 Lakes Blvd-Kingsland, GA 31548  
T (912) 729-5803, F (912) 279-5969  
Email: evandyke@ccga.edu  
*Serves: CCGA Students who are currently attending classes*  
*Payment: No charge*

18. **Vet Center Jacksonville (Counseling)**  
James “Jim” Earle, MSW  
4499 Hwy 40 East, Suite A  
St. Marys, GA 31558  
T (904) 232-3621, F (904) 232-3167  
*call Jacksonville Vet Center at (904) 232-3621 for appointment times & information*  
Email: James.Earle@va.gov  
*Serves: Military-active duty, veterans, & family members*  
*Payment: No charge*
19. **Veterans Administration CBOC (Psychiatry, Psychologist, Counseling, Support Groups)**  
205 Lakeshore Point-St. Marys, GA 31558  
T (912) 510-3420  
*Serves: Veterans*  
*Payment: No charge*  

20. **Emerald Isle Counseling (Counseling)**  
Allyn D. Robb, Jr. Ed.S, NCC, LPC  
140 Lakes Blvd Suite 225-Kingsland, GA 31548  
T (912) 268-4750  
Website: [www.emeraldislecounseling.com](http://www.emeraldislecounseling.com)  
*Serves: Children, Adolescents, & Adults*  
*Payment: Insurance*  

21. **Adult Community Treatment (Intensive Treatment)**  
Provided through Gateway Behavioral Health Services  
T (912) 275-8102, F (912) 289-2740  
*Serves: Adults with mental health diagnosis*  
*Payment: No charge*  

22. **Coastal Community Behavioral Health (Substance Abuse Counseling)**  
John Haigler, CEO  
5155 Hwy 40 East-St. Marys, GA 31558  
T (912) 434-1794 Ext. 403  
[www.ccbhrecovery.com](http://www.ccbhrecovery.com)