

Community Mental Health Resource List

Provided as a courtesy of Innovative Prevention Education, Inc. Resources are an exhaustive offering of local outpatient providers and are listed in no ranking order

1. M.J. Martelli, MD & Associates/Susan Brewer, Ph.D. (Psychiatry & Counseling)

4019 Hwy 40 E-St. Marys, GA 31558
T (912) 673-6145, F (912) 673-7026
Serves: children, adolescents, & adults
Payment: Insurance

2. Robert Holland, MD/Maria Coughenour, LPC/J. Bryce McLaulin, MD/Wendy Steele, DSW, LCSW(General Psychiatry & Counseling)

202 Lakeshore Drive, Suite C-St. Marys, GA 31558
T (912) 882-8515 F (912) 882-5583
Email: mariacoughenour@yahoo.com, www.roberthollandmd.com
Serves: Adult, Adolescent, Geriatric
Payment: Insurance

3. Anania & Associates(Counseling)

Leith Anania, LMFT
102 Marsh Harbor Parkway-Kingsland, GA 31548
T (912) 882-7400
Serves: Children, Adolescents, & Adults
Payment: Insurance

4. Center for Family Growth (Counseling)

Jim Lanier, LCSW
40 Lakes Blvd Suite 203-Kingsland, GA 31548
T (912) 576-7218, F (912) 264-2365
Serves: Adults & Adolescents
Payment: Insurance

5. Balanced Living, LLC (Counseling & Life Coaching)

Sheridan Jackson, LCSW/Virginia Abell, LAMFT
100 Lake Shore Drive #A-St. Marys, GA 31558
T (912) 322-5151, F (912) 268-6003
Serves: Children, Adolescents, & Adults
Payment: Insurance, Sliding Scale Fee

6. Tideline Counseling & Mental Health Associates (General Psychiatry & Counseling)

David J. Faulk, MD; Tamsyn O'Flynn, ARPN; Steven Mansfield, LPC; Peggy O'Cain, LPC
100 Mariners Drive, Suite D-St. Marys, GA 31558
T (912) 510-0669, F (912) 510-0754
Serves: Children, Adolescents, & Adults
Payment: Insurance

7. Coastal Counseling Center, Inc. (Counseling)

Dale Blanton, LPC
104 Lakeshore Drive Suite D-St. Marys, GA 31558
T (912) 729-1120, F (912) 729-1150
Email: www.coastalcounselingcenter.org
Serves: Adolescents & Adults
Payment: Insurance & Sliding Scale Fee

8. Innovative Prevention Education (Prevention & Intervention)

4499 Hwy 40 E. Suite A-St. Marys, GA 31558
T (912) 729-4626, F (912)
Email: ipe2@tds.net
Website: www.innovativepreventionedu.org
Serves: Children, Adolescents, & Adults
Payment: Sliding Scale Fee

9. Cumberland Health (Counseling)

10545 Colerain Road-St. Marys, GA 31558
T (912) 882-3662, F (912) 882-7720
Serves: Children, Adolescents, & Adults
Payment: Insurance

10. Family Matters of Coastal Georgia, Inc. (Counseling & Psychiatry)

Molly McCue, LPC
605 Osborne Street-St. Marys, GA 31558
T (912) 882-6448, F (912) 882-6804
Email: familymatter@tds.net
Website: www.familymattersofcoastalga.org
Serves: Children, Adolescents, & Adults
Payment: Insurance & Sliding Scale Fee

11. Fleet & Family Center/ Kings Bay Naval Base (Counseling)

1063 USS Tennessee Ave-Kings Bay, GA 31547
T (912) 573-0997, F (912) 573-2390
Serves: Active Duty/Family Members
Payment: No charge

12. Gateway Behavioral Health, LLC (Counseling & Psychiatry)

701A Charles Gilman Blvd. - Kingsland, GA 31548
T (912) 729-4557, F (912) 729-8821
Website: www.gatewaybhs.org
Serves: Children & Adolescents
Payment: Private Insurance, Medicare, Medicaid, Wellcare, Amerigroup, Sliding Scale & No Insurance (Indigent)

13. Lighthouse Psychiatry

1712 Osborne Rd-St. Marys, GA 31558

T (912) 882-3800, F (912) 882-3303, On Call (912) 207-4695

Website: www.lighthouse.org

Serves: Children, Adolescents, & Adults

Payment: Insurance, Sliding Scale Fee

14. Rosemarie Kaiser, LCSW, DCSW/Christina Keyser, LCSW (Counseling)

140 Lakes Blvd, Suite 210-Kingsland, GA 31548

T (912) 729-5501, F (912) 729-3577

Serves: Children & Adolescents

Payment: Insurance

15. Sallie Galyeon, LCSW (Counseling)

4499 Hwy 40 E. Suite A-St. Marys, GA 31558

T (912) 674-1130, F (912) 729-4626

Serves: Children, Adolescents, & Adults

Payment: Insurance & Sliding Scale Fee

16. Georgia Messmer, LPC (Counseling)

140 Lakes Blvd Suites 215 & 219- Kingsland, GA 31548

T (912) 322-0413, F (912) 729-3577

Email: Gmessmerlpc@yahoo.com

Payment: Insurance

17. College of Coastal Georgia (Counseling)

Cheryl Van Dyke, M.S., LPC, NCC

8001 Lakes Blvd-Kingsland, GA 31548

T (912) 729-5803, F (912) 279-5969

Email: cvandyke@ccga.edu

Serves: CCGA Students who are currently attending classes

Payment: No charge

18. Vet Center Jacksonville (Counseling)

James "Jim" Earle, MSW

4499 Hwy 40 East, Suite A

St. Marys, GA 31558

T (904) 232-3621, F (904) 232-3167

*call Jacksonville Vet Center at (904) 232-3621 for appointment times & information

Email: James.Earle@va.gov

Serves: Military-active duty, veterans, & family members

Payment: No charge

19. Veterans Administration CBOC (Psychiatry, Psychologist, Counseling, Support Groups)

205 Lakeshore Point-St. Marys, GA 31558

T (912) 510-3420

Serves: Veterans

Payment: No charge

20. Emerald Isle Counseling (Counseling)

Allyn D. Robb, Jr. Ed.S, NCC, LPC

140 Lakes Blvd Suite 225-Kingsland, GA 31548

T (912) 268-4750

Website: www.emeraldislecounseling.com

Serves: Children, Adolescents, & Adults

Payment : Insurance

21. Adult Community Treatment (Intensive Treatment)

Provided through Gateway Behavioral Health Services

T (912) 275-8102, F (912) 289-2740

Serves: Adults with mental health diagnosis

Payment: No charge

22. Coastal Community Behavioral Health (Substance Abuse Counseling)

John Haigler, CEO

5155 Hwy 40 East-St. Marys, GA 31558

T (912) 434-1794 Ext. 403

www.ccbhrecovery.com